

RUTGERS ALCOHOL PROBLEM INDEX
RAPI (18-item version)

Different things happen to people while they are drinking ALCOHOL or because of their ALCOHOL drinking. Several of these things are listed below. Indicate how many times each of these things happened to you WITHIN THE LAST YEAR.

Use the following code:

- 0 = None
- 1 = 1-2 times
- 2 = 3-5 times
- 3 = More than 5 times

HOW MANY TIMES HAS THIS HAPPENED TO YOU WHILE YOU WERE DRINKING
OR BECAUSE OF YOUR DRINKING DURING THE LAST YEAR?

- 0 1 2 3 Not able to do your homework or study for a test
- 0 1 2 3 Got into fights with other people (friends, relatives, strangers)
- 0 1 2 3 Missed out on other things because you spent too much money on alcohol

- 0 1 2 3 Went to work or school high or drunk
- 0 1 2 3 Caused shame or embarrassment to someone
- 0 1 2 3 Neglected your responsibilities

- 0 1 2 3 Friends or relatives avoided you
- 0 1 2 3 Felt that you needed more alcohol than you used to in order to get the same effect
- 0 1 2 3 Tried to control your drinking (tried to drink only at certain times of the day or in certain places, that is, tried to change your pattern of drinking)

- 0 1 2 3 Had withdrawal symptoms, that is, felt sick because you stopped or cut down on drinking
- 0 1 2 3 Noticed a change in your personality
- 0 1 2 3 Felt that you had a problem with alcohol

- 0 1 2 3 Missed a day (or part of a day) of school or work
- 0 1 2 3 Suddenly found yourself in a place that you could not remember getting to
- 0 1 2 3 Passed out or fainted suddenly

- 0 1 2 3 Kept drinking when you promised yourself not to
- 0 1 2 3 Felt physically or psychologically dependent on alcohol
- 0 1 2 3 Was told by a friend, neighbor or relative to stop or cut down drinking